

OWNING THE PEACE

Imagine creating a vibrant community that thrives on well-being and achievement!



BJ Davis - Lead Facilitator

Why Owing The Peace?

Unlock the Path to Flourish: 'Owning The Peace' offers an exclusive journey to thrive in today's dynamic world. Our transformative programs forge deep connections, elevating personal relationships making them indispensable for:

College Campuses: Empower your community to navigate academia and social dynamics with resilience and serene interactions.

Corporate Workplaces: Amplify synergy and effectiveness. Discover fresh strategies for empowered, tranquil interactions among colleagues.



Key Features

- **Engaging Exploration:** Dive into Peace facets with interactive activities for team resilience and mental clarity.
- **Insightful Discussions:** Foster open dialogue, prompting personal growth with the question, "Who am I when peaceful?"
- **Timely Programs:** Live or virtual, our mental health-focused programs create lasting impact.



Six out of ten college students experienced "overwhelming anxiety," while over 40% were saddled with crippling depression.

Why Now?

The Statistics Speak for Themselves



80% of workers feel stress on the job, nearly half say they need help in learning how to manage stress, and 42% say their coworkers need such.

Contact Us Now



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highperformanceplay.com

